

FREE

Issue 26, July 2021

MONACHORUM MATTERS

The newsletter for Zeal Monachorum and St Peter's Parish



Rhododendrons have been spectacular this year - picture by Andrew Chandler

EDITORIAL

Just before we went to press the news came through of a four week delay to the ending of Covid restrictions; hopefully this will now happen on 19 July. While not entirely unexpected it has had an impact on events that were being planned, including WI and Village Hall. Although it is frustrating, it makes sense to continue being cautious and, for those in need of particular support, our Community Scheme is still in place - see details on back page. We'd like to think that this support will still be available to those who need it long after the restrictions have been lifted. WI news is on page 20, and Village Hall news is on page 23.

Also in this issue, as well as all the regular features, we have the last instalment of Steve Watkins life in the NAAFI - we'd like to thank Steve for sharing his story with us. This month there's a particularly full page of Community News - see page 3, and news of a new venture which will be of interest to those who are partial to a drop of craft beer - see page 9. We also feature news of the Parish Council Annual meeting, together with reports from groups in the village - page 11.

We have more interesting stories lined up for you next month but, of course, if you have a story or some great pictures please send them into us so that others can enjoy them; send to zmon.news@gmail.com.

DEADLINE FOR AUGUST ISSUE: 8 JULY

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Erica Eden

THANKS TO THE WAIE IN

The funeral of former Zeal resident, Sylvia Perrett, was held on 19 May. Due to the current pandemic only family members could attend St. Peter's, thus preventing friends and neighbours from saying goodbye. However, those who wished to were invited to come to the Waie Inn car park where the hearse would stop before going back up to the Church. The weather was good which allowed a plenty of people to say their farewells. Not only that, but with the usual kind heartedness of the Waie Inn proprietors we were invited to have coffee and then scones appeared - how generous and thoughtful.

Jan Brealy

RAINFALL

Rainfall for April was 9 mm, $\frac{3}{8}$ of an inch. As we know the rainfall in May broke records. In Zeal we had 186mm – $7\frac{1}{2}$ inches. On the 12th May alone we had 51mm, this was the same amount as 18th June 2020.

Margaret Harris

GREENHOUSE OFFER

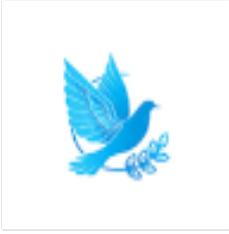
Geoff Rowland has a large greenhouse to be disposed of. It is 30ft x 12 ft and Geoff hopes that someone would be able to take it in return for a donation to Devon Air Ambulance. If anyone is interested please contact Geoff on 82521.

MODEL LORRIES

Alan Summers of Churchill Gardens has a large collection of Oxford Diecast model vans in their original boxes, mostly reflecting Alan's love of Malt whisky and beer, see picture opposite. Alan is offering them for sale at £5 each. All money raised will be donated to Hospiscare. To make an appointment to view, contact Alan on 01363 82571.



ST PETER'S CHURCH



Dear Parishioners,

We'd all hoped that mid June would see us moving out of some of the current coronavirus restrictions, but sadly it was not to be. So we wait another four weeks until 19 July.

However, June sees some important events: firstly the Exeter Diocese Archdeacons Visitations. The Cadbury Deanery visitation is being held in Crediton Parish Church on Wednesday, 7 July at 7.30pm when churchwardens are admitted and make a formal declaration (oath of office). The other major event for our parish and the West Creedy Mission Community is the licensing on Wednesday, 14 July at St Andrews Church, Colebrooke of the Rev Robert Gordon. The Rev Robert will then become our new vicar. I do not know when his first service will be at our church, however, I am sure we look forward to giving him a very warm Zeal Monachorum welcome.

The church will continue to be open on Wednesday mornings between 9.30am – 12.30pm for private prayer. Please use the hand sanitiser on entering and leaving the church and observe all the current guidelines

Church rota for July 2021

July 4 10.00am Old Testament New Testament	Trinity 5 (lay led) Ezekiel 2: 1-5 Mark 6: 1-13 Sidesman Altar Flowers Church cleaner	Family Service Mrs Jane Hogg Mrs Becky Harvey and Jocie Mr Colin Crothers Margaret Down Mrs Sally Rowden
July 11 6.30pm Old Testament New Testament Gospel	Trinity 6 & Sea Sunday Amos 7: 7-15 Ephesians 1: 3-14 Mark 6: 14-29 Sidesman Altar Flowers 11 & 18	C W E Mr Robert Peck Mrs Susan Bostock Rev D. Rowbottom Mrs Marian Quick Mrs Marian Quick
July 25 at 6.30pm Old Testament Gospel	Trinity 8 (lay led) 2 Samuel 11: 1-15 John 6: 1-21 Sidesman Altar Flowers 25 & 1 August	Evening Prayer Miss Lynn Warren Mr Colin Crothers Mr Tony Bealy Mrs Isabel Harris

On May 18 the funeral service for Mrs Sylvia Perret was held in church, the Rev Anthony Geering officiated. Sylvia lived most of her life in the area at Bow, Zeal, again in Bow and latterly in Crediton. She was the stewardship secretary at St Peter's for a few years and at one time partnered me on the church cleaning rota. Her husband Michael died in 2005. Sylvia was very well known and had many friends who will miss her. She leaves a son Simon and grandson Ashton. We continue to pray for them.

Our **take away cream teas** will be available from the church porch between 3.00 – 4.00pm on Sunday 18 July. **Orders please anytime, but no later than 9.00pm on Saturday (day before).**

Two scones, clotted cream, raspberry/strawberry/apricot will be the jam choices this time, only £3.50.

Please state your jam preference when placing your order.

Contacts: Margaret Harris 82251
Margaret Down 82204.

Margaret



Waiting for the last few customers in May



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MY LIFE IN THE NAAFI by Stephen Watkins

Part 6 – The final chapter of my NAAFI life.

After Christmas leave, I managed to meet with Bob Talboys about my pay. I was not prepared for the outcome of that conversation. I was informed that my pay was being backdated with a pay cut. Apparently, at that time assistants on capital ships, like the carriers and Fearless, were paid more than a junior manager on a small ship. Therefore, I was to be paid less as a manager than I would have been as an assistant on HMS Fearless. I was furious. I handed my 3 months' notice in there and then and busily got job hunting. Fortunately for me, my good friend and ex NAAFI colleague Tim Gibbs knew of a job for me and a place to live so everything was put in place for me to leave.

Unfortunately, when at sea and on our way back to Portsmouth during my notice period, HMS Cardiff was diverted and was at sea for longer than anticipated. When the captain realised I was no longer a NAAFI employee as my notice had expired, he had no choice but to get me off the ship. I packed all my belongings and said my goodbyes. A helicopter was sent out to pick me up and drop me off on the Isle of Lewis. I managed to get a helicopter to take me to Aberdeen airport where I hired a car and made the long journey back to Devon.

A few weeks later, I went to Portsmouth Dockyard to collect the rest of my belongings. It was a weekend, so nobody was around to say goodbye. As I drove out of the gates for the last time, it felt like a huge part of me had been left behind. I have no regrets about leaving, I have had a wonderful life with NAAFI and since, but I regret the way I left.

Since leaving, I have managed to get back in touch with a lot of old colleagues and have attended Royal Navy and NAAFI reunions. The bonds you form with people you share time with are priceless. One of my favourite experiences since leaving was being given the chance to represent NAAFI at the Cenotaph Remembrance Parade, an emotional and proud moment. The NCS will remain a huge part of me and the people will remain my friends for the rest of my life. NAAFI made me who I am today; I joined as a shy, introverted adolescent and left as a confident man with a unique skillset, work ethic, and a whole heap of amazing memories as well as the friends that come with them.

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TAW VALLEY BREWERY

New tap room at opening in July

Local micro-brewery Taw Valley Brewery will be opening its barn doors for visitors this July. The new brewery tap room seats 40 people and will give a chance to sample the ales brewed by hand on site. The brewery, which is believed to be the only fully thatched brewery operating today in the UK, will be open for the first three Saturdays in July from 3pm till 6pm.



Taw Valley Brewery started brewing during the summer of 2017 at Westacott Barton, by Nichols Nymet between North Tawton and Bow. Ale is brewed with crystal clear spring water from a medieval well, together with the finest local malted barley, generous helpings of hops and a passion for great tasting craft beer.

The brewery is in a c.17th century former threshing barn with views out towards Dartmoor. All brewery waste effluent is processed by a series of reed beds established on site located around a medieval quarry. Ale is brewed in a traditional way, often using a ‘hopnic’ technique to maximise the flavour of the hops. All the ale is vegan friendly.

In addition to buying a pint in the new tap room, ale will continue to be available in bottles and in bag-in-box for home delivery every Friday. Please check out our website at www.tawvalleybrewery.com or our facebook page, or call Marc on 07900 002299 for further information.

‘The foxglove with its stately bells, of purple shall adorn thy dells.’

David Macbeth Moir, poet & physician

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PARISH COUNCIL NEWS

On Thursday 27 May the Annual Parish Meeting, Annual Parish Council Meeting and an ordinary meeting of the Council took place in the village hall. This was the first meeting held in public after some 15 months of Zoom meetings. At the Parish Meeting reports were received from me and from other organisations in the village parts of which are set out below.

At the ordinary meeting it was noted that David Bowyer had resigned from the Council. He will be sorely missed as he has made significant contributions to the village. He will, however, still be around helping out where he can. This means there is a vacancy on the Council which we would like to fill by co-option. If you would like to know more, please contact me or any Councillor.

There is still interest in the village for allotments but a site has still to be identified. If you know of a site, or wish to be added to the list of potential users, please email me. The water obelisk will hopefully be spruced up shortly and I am also looking to obtain quotes for the repair/replacement of the canopy above the Jubilee Seat. Please let me know if you can make any suggestions who I might contact. Funding remains available for local projects from Denbrook Windfarm, we must use it or risk losing it.

Finally, thank you again to those who have slowed down in response to “20’s plenty” and dog walkers, please continue to pick up the dog poo and dispose of it in the bins provided.

The next meeting will be on the 29 July in the Village Hall and notice of the meeting will be published in the usual way on the notice board and on the PC website www.zeal-monachorum.co.uk. The Clerk can be contacted at zmpcouncil@gmail.com and myself acchandler@btinternet.com

Andrew Chandler

Chairman

07831 167728

Annual Parish Meeting - Report of Parish Council Chairman

So much has changed in our lives since the last annual Parish meeting in 2019 as we have gone through the various stages of Covid. Zeal Monachorum has reacted in such a positive way and a new village spirit has been born. Help has been offered to the most vulnerable with shopping etc. and new friendships have been formed. We have met and chatted as we “exercised” around the village and, last summer, Covid safe street parties were organised to celebrate Victory in Europe (VE day). Good weather and lockdown brought out the flags and bunting as tea (and other drinks) were consumed to the sound of 1940’s music.

The Parish Council has paid for a new notice board made at short notice by David Bowyer which has helped with communication. A Zeal Monachorum group was set up on Facebook and very many villagers are keeping in touch this way. Monachorum Matters, our excellent newsletter, continued to be published during the lockdowns.

Sally Rowden is thanked and congratulated for being the driving force behind the book swap and sincere thanks to Eleanor Wilson for so generously allowing her garage to be used. I think these books did no end of good in helping our sanity.

I would like to thank those who shopped for people like my wife and I who were advised to stay put. So, a huge thank you to the helpers and I hope that when we get back to normality we can have a massive village party to meet up again and keep the new found “bon ami” going. If anyone has any ideas how to achieve this please let any Councillor know.

Finally our thanks go to the Waie Inn. As a village business they have been hit hard by covid, but during the lockdowns Karen, Sue and other members of the family have provided takeaways which have proved to be invaluable.

The Parish Council has met when necessary by the use of Zoom; this has been a very new experience for many and a fast learning curve but all Councillors have mastered the art. There have been fewer planning applications but one of the more significant was the approval of 5 new homes on the site of the chicken units on the eastern edge of the village. The Council supported the application as it felt it was a better solution than converting the existing unsightly buildings and would help to provide more new life to the village.

Funding is still very much available from Denbrook Community Fund with grants in excess of £10,000 available so please bring forward any ideas for projects. So far, the largest amount for this parish has gone into the new football field near Burston with smaller amounts towards Monachorum Matters.

During the last year the Council considered purchasing the telephone box by the church. It is a listed building and in poor condition, so it was decided not to do so. Adjacent to the telephone box is a stone obelisk which was erected to celebrate the provision of a water supply to the village. The lettering has faded, and dirt and grime have built up over the years. It is within the conservation area and listed so guidance has been received from MDDC on how to clean it. This planned work was to be carried out by Councillors but was put on hold during lockdown. The Council will now re-consider whether it is still appropriate to carry out the work ourselves or employ a specialist which will be very much more costly.

The canopy to the Jubilee Seat is also in poor condition. It has been made secure but major work is required. It had been hoped that a local solution was possible, but the nature and scale of the work means that quotes will now be needed from specialist tradesmen; I will update further in the village newsletter.

Monachorum Matters

The newsletter in its current form is now into its third year of production. The last twelve months have been a challenge with the loss of several advertisers, some of whom had to close for business during the Covid lockdowns. This naturally had an impact on the income which is so vital to our survival. However, thanks to financial support from the Parish Council and grants totalling £1740.00 from Devon County Council and the Denbrook Community Fund, our finances are in a relatively

healthy state. The grants have given us a buffer to ride out the period of reduced income while we seek out new advertisers and we are beginning to pick up new businesses to replace those who have not renewed.

We continue to be well supported by the community in respect of articles, stories and pictures and it feels very much a community led publication with nearly half of each monthly issue being filled by items from regular contributors. We continue to meet our goal of having no more than half of the pages covered with advertising. It is gratifying that we are still receiving positive feedback from readers. The Editorial team is largely unchanged since we started and comprises:

Jan Summers, Editor
Becky Ringrose, Treasurer
Ken Hogg, in charge of advertising
Tina Bowyer, in charge delivery
Andrew Chandler
Tony Brealy.

We look forward with confidence to continuing to inform and entertain the residents of Zeal Monachorum.

Womens' Institute

The report from President Jan Brealy began with a look back to the formation of Zeal WI in 1954, when 24 ladies were present. Early meetings were held in the Church Room (now a car park), but since February 1955 all home meetings have been held in our Village Hall.

Over the years a range of entertainments have been put on by the WI ladies, including shows, plays and sketches and occasionally larger WI meetings of the Red Earth group have taken place in our hall. The number of members has fluctuated over the years and, after the Covid restrictions, there are 19 existing and 3 new members eagerly looking forward to meeting again.

Church warden's report to the Annual Parish Meeting

I don't think any of us could have begun to imagine just how 2020 was going to unfold and the impact the pandemic was going to have on every one's lives. The 2020 Annual Parochial Church Meeting was much delayed until October and was then held on Zoom. Dr Michael and Mrs Susan Bostock stood down from the PCC and the Worship Group, a thank you presentation was made to them. I was elected as church warden and Mr Tony Brealy, Mr Tim Herniman, Mr Gavin Rowden and Mrs Becky Harvey were re-elected to serve on the PCC.

The 2021 Annual Parochial meeting was held in April, reverting to its usual time of year. Gavin and Tim both stood down but I am happy to report than Mr Colin Crothers has been elected to the PCC.

The pandemic has prevented any fundraising events or any fellowship after worship and this has affected our income. Our thanks go to the Parish Council who provided grant aid for the upkeep of the churchyard.

Our PCC is currently receiving quotes to do long overdue and much needed work on the Church, which we hope will be done shortly. The work of resurfacing the paths around the Church has taken up much time both at, and outside, PCC meetings and is a major expense which we are currently looking into funding.

In February the Rev. Robert Gordon accepted the post of an Associate priest (Team Vicar Designate) in the emerging minster hub. He will be licensed on July 14 at St Andrews, Colebrooke. Robert's experience of Devon was reported in a recent issue of the newsletter but it is fair to say he has much experience of Devon and the Devonshire countryside. We look forward to welcoming him to our church and his ministry for us.

As a small rural parish we struggle at times to meet the demands made both physically and spiritually but we trust that we can look forward to a renewal of our church life, placing us in a strong position within our mission community. The future of churches within our deanery will change significantly with the emerging Crediton Minster Hub aiming to pioneer a different approach to rural ministry. Rev. Robert will still have responsibility for our mission community working independently, but coming together with the hub when it makes sense to do so, in particular through school work, administration, lay development and social action.

We are very fortunate to have volunteers to act as sides men, readers, cleaners, flower arrangers and grass cutters, giving generously of their time as well as donating money to guarantee the future of our church.

ZEAL EXPLORERS

Our hardy group of five set off on 14 June, a hot and steamy day, but we were spurred on by the thought of tea in a sheltered spot in Jan Summers's garden. We headed off down Beer Lane, through the woods, past the ponies and at one point Judi fell into a ditch. Muddied but not injured she and the rest of us pressed on to journey's end where, under a shady tree, we were treated to refreshing drinks and homemade cakes and biscuits offered by Jan.

Our next walk is on Monday July 10 – we meet at the bus stop at 2pm. Why not join us if you can?

Intrepid explorers, left to right: Sally, Judi, Karen, Jackie, Anna. (Jan was back at base getting the tea ready).

Picture by Anna Lester





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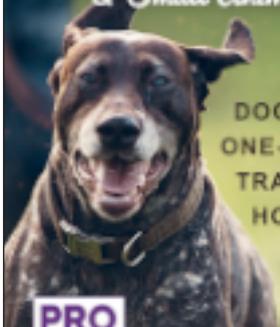
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A Quiz for July

1. Which is the largest country to lie entirely in Europe?
2. What is the name for a film dramatising the life of a particular person?
3. In which country is the longest tunnel?
4. To which bird family does the Jay belong?
5. What is Popocatepetl?
6. Who played James Bond after George Lazenby?
7. Which came first, Barbie or Cindy?
8. How many possible blood types are there?
9. Which book was the only one written by Jonathan Swift for which he was paid?
10. Brass is an alloy of which two metals?
11. Which two Australian cities have hosted the Olympic Games?
12. In the plant world, what is an epiphyte?
13. In May, what additional information became legally required on a marriage certificate?
14. What is the Gold Coast now known as?
15. Which Scottish Engineer is the latest person to be celebrated on a 50p coin?

Minute Quiz

Can you name the five Charles Dickens' novels whose titles are purely the name of a man?

Answers from June

- | | |
|--------------------------------------|------------------------------------|
| 1. St David's | 9. Warrington |
| 2. In your sock, it is a small knife | 10. The medical profession |
| 3. Wimbledon common | 11. Albany |
| 4. Appellation contrôlée | 12. H ₂ SO ₄ |
| 5. Denmark | 13. Fidelio |
| 6. A mongoose | 14. Croquet |
| 7. Wine | 15. Peewit and Green Plover |
| 8. The road to Mandalay | |

Answers to the Minute Quiz

These are the girls' names I could think of:

Hyacinth, Hebe, Rose, Ivy, Violet, Holly, Rosemary,
Daphne, Laurel, Iris and Primrose

FISHING CLUB NEWS

I am writing this fishing club chat from my daughter's house in Suffolk. We haven't seen our grandson for over 12 months. We booked this holiday sometime back when we knew of the lifted lockdown. On our return Rupert Dodge and myself intend to do a lot of work on the fishing swims. We also need our mowers to be serviced before we can trim the grass around the outside perimeter of the lake.

I have had many emails asking for people to fish; I think now it is not necessary to book an appointment, but I advise you to use the gel provided in the toilet, or to bring your own and to keep a safe distance. We shouldn't let our guard down.

Apparently some good size fish have been caught recently at the lake, but not as big as one of our members Pete Copp, who had been fishing at Shobrooke and landed himself a 27½ lb carp – see photo opposite.

Nice one Pete.

Tight lines

Ken and Jane



ALLOTMENTS

As many of the villagers will know, I have been working with the Parish Council to try and establish a piece of ground suitable for allotments. We are one of the few villages in the area without an allotment site, and yet people are being encouraged by the media to grow their own vegetables and create green spaces for wildlife. Over a year ago I gathered more than 25 signatures from people requiring allotments in the village. Mid Devon Council will help us all the way, I am informed, but we require a suitable piece of land. I have, by word of mouth, made enquiries but no-one has yet come forward. This is a plea to any landowner with a suitable site with good access and a desire to help, please could you let me or the chairman of the Parish Council know.

Ken Hogg



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SOLICITORS

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ZEAL MONACHORUM WOMENS' INSTITUTE

Following the recent Government announcement sadly, our planned meeting in the hall on July 7 cannot now go ahead. However, from August we hope to be able to run the programme set out below, which was agreed by the committee at our meeting on 18 May.

4th August: is Members' Night and we have booked the Waie Inn for a friendly skittle match for those who want to have a go, followed by a meal which will be paid for by the Institute. We will also collect subscriptions (£22.40), **please bring the correct money.** If you are paying by cheque the banks will only accept Zeal Monachorum WI, not ZMWI. For bank transfer, Hazel will give you the bank details that evening.

1st September: Wine and cheese evening.

6th October: we have obtained the services of Mr. Campbell McAllister who will speak on "A minute is a long time in animation", there will be slides.

3rd Nov: Tina Bowyer will demonstrate the wonders of a soup maker. If you would like to eat soup please bring a couple of vegetables and a knife. WI will provide bread and butter.

1st Dec: we will have our usual Christmas dinner which will have to be booked in October, so have a think about where you want to go.

New members and visitors are always welcome.

Jan Brealy
WI President

CREDITON FOODBANK.

As always, your generous donations have been received with sincere thanks. At this time our future is looking brighter, although we still need to adhere to Government regulations. And don't forget that there are many whose situations will not change - they may still be out of work, still have mental health issues, still be reeling from broken relationships and many, especially the elderly who have been locked down since the beginning, may have a fear of freedom that we can understand. Single parent families, whose troubles are doubled because they have to be both a Mum and a Dad, are having to make decisions which are hard enough when there are two parents. Many do not have the support of an extended family.

So many reasons why more people will continue to need foodbanks. If you are able to donate, your contributions will continue to be needed and always appreciated. But more than that, if you have a neighbour or know of anyone struggling with this new found freedom please reach out to give support. If you are not able to give help yourself please let someone else know. [Community Support – see back page].

Zeal Monachorum, because of your compassion many lives have been affected in a very positive way, not just at this difficult time but also over the last ten years.

CLIMATE EMERGENCY - SAVE THE PLANET

WASTING FOOD - BREAD

By throwing away food, we are not only wasting the actual produce but also the resources and energy within it. Wasting food feeds climate change. Food systems consume about 30% of available global energy and, out of this, 38% is utilised to produce food that is either lost or wasted (UN Food & Agriculture Organisation). UK households are throwing away eight per cent of a £65.31 average weekly shop every week – equating to £271.44 of edible food every year. Top of the list of the most wasted foods is bread. According to the charity WRAP [Circular Economy & Resource Efficiency Experts], the UK wastes around 20 million slices every day.

Bread has been a vital foodstuff for thousands of years. These days it feels as if we no longer place much value on it. The trouble is I feel virtuous when I throw unwanted bread into the food waste recycling bin because it will be recycled, but that's got to stop, recycling must be the very last resort. Now I intend to change my bad habit by:

- freezing it, before it goes mouldy, as slices or crumbs;
- cutting down on buying bread - not adding it to the shopping basket automatically;
- using what's in the freezer first;
- making meals with it.

My favourite is savoury bread and butter bake - just a few cheap ingredients and minimal effort but very tasty: Take about 4-6 slices of buttered bread cut into quarters, beat 1 egg into 250ml/ ½ pint milk, dip bread in milk/egg mix and line the bottom of a greased ovenproof dish. Add grated cheese and put another layer of dipped bread on top, keep layering cheese and bread, finishing with grated cheese; pour any remaining milk/egg over the top and leave to soak in for about ½ hour. Bake at 190C gas 5 for about 25 minutes until nicely browned and slightly risen. As an alternative to cheese, spread marmite on all but the top slices of bread and add sunflower, pumpkin or sesame seeds between the layers and on the top [photo shows the marmite and seed version].

Erica Eden

Also published in Bow & Arrow July 2021



JULY GARDEN ADVICE

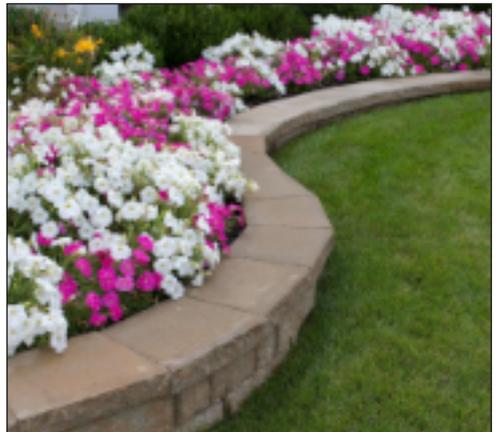
July is a wonderful time to spend time pottering in your garden into the evening, having friends and family over for BBQs and enjoying your flourishing flowerbeds. Make the most of the good weather, and take a look at these tips on what needs doing in the garden this month, courtesy of Bow Garden Centre:

1. Make sure all tall plants and climbers are well supported in case of wind or rain. Continue to tie in and train new growth on climbing plants.
2. Keep on top of watering, but avoid sunny times of the day. Early morning and late evening watering are recommended to reduce evaporation. Add mulch around plants to retain moisture.
3. Continue deadheading bedding plants and repeat-flowering perennials, like roses, to ensure continuous flowering throughout the season.
4. Summertime means that everything will be growing extremely fast. Mow your lawn once a week to keep it in good health.
5. Water any trees, shrubs and perennials that you planted in spring. Keep the base well-watered and avoid wetting the leaves as they don't absorb water well, and can encourage fungal diseases.
6. Keep your garden abuzz with wildlife by ensuring bird feeders are topped up and bird baths are full, as birds in particular relish gardeners' efforts, using bird baths to both hydrate and cool down.
7. Harvest vegetables and fruit regularly as this will encourage the plants to produce more and more.
8. Dahlias will be growing well - to produce more flowers, cut the first bloom to a very short stem (avoid cutting into the flower buds below.)
9. Clear algae and blanket weed from ponds and keep them topped up, as water levels lessen through evaporation.

Bow Garden Centre is a great place for all your garden and pond essentials, including a much-expanded range of plants, plus garden buildings, greenhouses, and everything you need for gardening, as well as pet supplies, Post Office services, and their relaxing Waterside Cafe.

www.bowgardencentre.co.uk,
01363 82438.

Pictured opposite: summer bedding



CONTACTS

- Parish Council: Chairman Andrew Chandler. Tel. 07831 167 728
Village Hall: Chairman Ken Down. Tel. 01363 82204
Secretary & bookings Jan Summers. Tel. 01363 82571
- Mid Devon Councillor: Peter Heal, Tel. 01363 884277
pheal@middevon.gov.uk
- County Councillor: Margaret Squires. Tel. 01363 84337
email: Margaret.squires@devon.gov.uk
- Parliament: Mel Stride MP. Tel. 01392 823 306
Email: mel.stride.mp@parliament.uk
- Newsletter Editor: Jan Summers. Email: zmon.news@gmail.com
- Local services:**
- Post Office: Bow Aquatic Centre, Bow, Crediton. EX17 6LA
Tel. 01363 82438. Email: info@bowgardencentre.co.uk
- Library: Belle Parade, Crediton. EX17 2AA Tel. 01363 772 578
- Primary schools: Bow: Station Rd, Bow, Crediton. EX17 6HU
Tel. 01363 82319
Lapford: Eastington Road, Lapford, Crediton.
EX17 6QE Tel. 01363 83292
- Secondary school: Queen Elizabeth's School, Western Road, Crediton
EX17 3LU. Tel. 01363 773 401
- District Council: Mid Devon DC, Phoenix House, Phoenix Lane,
Tiverton. EX17 6PP
www.middevon.gov.uk Tel. 01884 255 255
Email: customerfirst@middevon.gov.uk
Waste & recycling:
www.middevon.gov.uk/residents/recycling-rubbish
- County Council: Devon CC, County Hall, Topsham Road, Exeter EX2
4QD. Tel. 0345 155 1015 [general enquiries]
Email: customer@devon.gov.uk
Care Direct: Tel. 0345 115 100
- Highways: Tel. 0345 155 1004
- Devon Voluntary Action: www.devonva.org Tel. 01404 544 045

ZEAL MONACHORUM COMMUNITY SUPPORT

If you need help, for example with shopping or collecting a prescription, or even if you would just like a chat, please call one of the following people:

Jan Summers 01363 82571 Jackie Watson 01363 82263
Sally Rowden 01363 82531 Mandy Smith 07855 830668

DEFIBRILLATORS

Village Hall - on the west wall (nearest to Churchill Gardens)

Waie Inn - on the wall by the entrance to the soft play area/swimming pool.